

# Your Wellness Hub

Additional Programs & Services

Follow your own path to wellbeing.



As part of your health plan benefits, you have access to RGA's online Wellness Hub. Get personalized health tips based on your lifestyle, get credible information on just about any health topic, and discover programs and discounts you have available through RGA to help you on your way to optimal wellbeing.

Access your Wellness Hub today. Here's how...

**1** Go to [www.accessrga.com](http://www.accessrga.com) then click the myRGA Member Login button on the top of the page.

On desktop computers:

[myRGA Member Login](#)

On mobile devices:



If this is your first time on the member portal, you will need to register and create an account. Be sure to have your RGA member ID card available.

**2** After logging into your myRGA account, click the "Access Your Wellness Hub" tile.

Access Your  
Wellness Hub



Need help setting up your RGA member portal account?  
Contact RGA's Customer Care Team at [1-866-738-3924](tel:1-866-738-3924).